



Cooperative Extension Service
Marshall County
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17th Annual Holiday Workshop

Twenty-nine Marshall County 4-Hers attended a celebration of the holidays at the *17th Annual 4-H Holiday Workshop* on Saturday, November 20th at the Marshall County Extension Office. During the workshop, the 4-Hers learned to make several crafts and taught how to prepare holiday treat favorites. Several plan to give their handmade items to friends and family on their Christmas gift list.

Holiday Workshop participants were helped by 4-H teen leaders - Morgan Westerfield, Emily Rowland and Baella Morgan. The teens assisted in helping 4-Hers complete their various projects. They are a valuable part of our workshop's success.

The 4-Hers worked on several crafts, these included: oven-baked clay ring bowls, canvas holiday prints, docking stations, Scandinavian Gnomes, and a Gift in a Jar. Each 4-Her was given a Christmas train made from assorted candy and melted snowman cookies for snacks.



The holiday workshop was led and coordinated by Roxanne Lee, Marshall County Program Assistant. No program is complete without the help of our adult volunteers. Ashleigh Jones and Deborah Dawdy assisted with the event, helping make all the trains, cookies and helped individuals during the workshop. Lena Mallory, 4-H Agent also helped to make this year's workshop one of the best.





Cloverbud 4-H Camp 2022



4-H Camp option for those who are not grade/age eligible (K-3) for regular summer camp. Friday, June 24th – Sunday, June 26th. There is no Marshall County wide transportation or coordination/supervision for this camp. Parent/guardians of same sex as their child(ren) are to attend and provide transportation to and from West Kentucky 4-H Camp in Dawson Springs.

Parent/guardians must complete and pass the 4-H Volunteer application process including background check, Child Abuse Neglect check, references, and interview. If you think this is something your family may want to participate in, then contact Ms. Lena as soon as possible since volunteer applications take some time to process.

Marshall County is scheduled to go to West KY 4-H Camp in Dawson Springs on Monday, June 27th through Thursday, June 30th. We will be camping with Ballard, Fulton, Graves, Calloway, and Carlisle Counties.

Registration information was sent out by Thanksgiving to enrolled 4-Hers who are age eligible and to those campers who attended in 2021. 4-Hers/Marshall County youth who are currently enrolled in 3rd grade and moving on to 4th grade next year qualifies to attend 4-H Camp 2022 even if not quite 9 years-old by the first day of camp. 4-H Camp registration information was released county wide February 1st. We are also needing adult and teen camp counselor volunteers! Contact Ms. Lena for more information.

West KY 4-H Camp in Dawson Springs received only a little bit of tree damage during the December 10th tornado outbreak. The camp facilities were used to help provide shelter to disaster relief volunteers through January.

Photos from 4-H Camp 2021 with Covid-19 guidelines.



COMMUNICATION



Kentucky 4-H Written Communications Contest

The 4-H Written Communication Contest is a state level competition for youth, 9-18 years old, who have a passion for writing. Youth can enter songs, poems, essays, monologues, press releases and PSAs. You can find rules and information at this website: <http://4-h.ca.uky.edu/content/4-h-written-communication-contest-0>. Submissions due by Wednesday, February 23rd to the Marshall County Extension Office.



SPEECH, DEMONSTRATION AND MOCK INTERVIEW CONTESTS

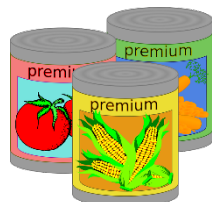
This years 4-H Communication Contest is being held in-person on Monday, March 21st. Deadline to enter is Wednesday, March 2nd to the Marshall County Extension Office. For more information or questions, contact the Extension Office at (270) 527-3285.



4-H Holiday Gatherings Service Projects



The project resulted in \$75 donated to FRYSCs and were designated for tornado relief. Ms. Lena took over 70 non-perishable food items to Needline. All were very grateful for your generosity!



Marshall County 4-H Clubs Reports

Elementary 4-H Club

The Marshall County Elementary, Teen-Middle and Cloverbud 4-H Clubs met together either on November 30th or December 2nd for a Holiday party. We had an Ugly Sweater Contest and Sierra Haynes was a winner, for the 2nd year in a row and Ellie Washburn also won. Ethan Minihan and Hadley Littrell won the Cutest Christmas Outfit. Holiday treats were supplied to everyone. Everyone participated in a Christmas Kahoot's game and had a lot of fun playing. The meeting ended with everyone shouting their well wishes and Happy Holidays.



We have been making new friends from different schools this year with all clubs combining to make up the three clubs.

The January meeting was January 25th. At this meeting, Ms. Lena told us about the upcoming Communication Contest.



Teen-Middle 4-H Club

4-H gives us an opportunity to meet other people, to share new ideas, along with sharing creativity in helping others. At our Holiday workshop in November, members got the chance to make crafts and eat sweets. Members also made gift bags for the Cloverbuds.

At our Christmas party, we got to play games, bring in donations for the community, and participate in an ugly Holiday sweater contest. The member who won this year had won last year. Way to go, Sierra! My favorite part of the Christmas party was seeing my friends.

4-H camp deadline to register is coming up. Get your application in soon! Remember you can do volunteer work to pay for camp.

Submitted By: Robin Lyles, Reporter



Cloverbud 4-H Club

Marshall County 4-H Cloverbuds (K-3) are growing strong! They have elected (aka drawn) for officer roles with four of the 3rd graders having leadership roles – President (Georgia), Vice President (Macey), Reporter (Emmit), and Game Leader (Luke). At their January meeting the Cloverbuds met virtually and had loads of fun trying to follow Ms. Lena's directions for a smiley face even though she did not tell them what they were drawing to start. There were some "different" looking smiley faces! The Cloverbuds gathered in-person for February at the Benton Library. Fun was had by all as they learned more about each other through a game of charades! Cloverbuds are excited to be a formal group for first time ever in recent Marshall County 4-H history! Looking forward to the adventures the Cloverbuds will grow into as they continue their 4-H path!

Dates to Remember



KY 4-H Written Communications Entry Due
County Communications Contest Registration Due
County 4-H Communications Contest
4-H Camp 2022
State 4-H Communications Contest
Marshall County A & I Fair Exhibits

Wednesday, February 23rd by 4:30pm to Lena Mallory
Wednesday, March 2nd by 4:30pm to Lena Mallory
Monday, March 21st at 5:30 p.m. at TBA
Monday, June 27th – Thursday, June 30th at West KY 4-H Camp
In-person Saturday, July 9th in Lexington Area
Monday, July 18th – Wednesday, July 20th at Extension Office



4-H Sharp Shooters Wrap Up Season 2021

After suspending their Season in 2020, Marshall County 4-H Sharp Shooters had a modified shooting sports season for Summer 2021. Working with two Shotgun Coaches (Lee Cope and Mike Derkacy) and one Archery Coach (Jody Jones), membership this season was limited to just returning Trap or Archery 4-Hers and their siblings. There was a total of 11 youth enrolled for Season 2021 with seven remaining active after mid-season.



Six participated in the 2021 State 4-H Shoot on September 11th and 12th. Four competed in Archery Bowhunter and Target Compound. Hoyt Jones brought home 1st Place in Archery Target 9-11. The other 4-Hers in Archery were Mallory Beliles, Lainee Siegle, and Boyd Jones. Hoyt and Boyd placed 6th and 7th in

Archery Bowhunter 9-11, and Boyd was in 5th place in Archery Target 9-11. Lainee and Mallory also had good scores with Lainee being 8th in Archery Target 12-14.

Two 4-Hers (Travis Jameson and Hunter Frizzell) competed in Shotgun and did quite well. Hunter placed 7th in the State in Shotgun Division 2 Ages 9-11. He shot 41 out of 50 clays. Travis did quite good as well in a very crowded Shotgun Division 2 Ages 12-14 lineup.



The sportsmanship and respect shown by all the Marshall County 4-Hers and families during some difficult times were very commendable.



With the modified season, the 4-H Sharp Shooters did not conduct their annual fundraising shoots like in 2019 and before. Lena Mallory, Marshall County Extension Agent for 4-H Youth Development, worked with the Coaches and families to secure donations totaling \$750 to help cover costs for Season 2021 beyond those covered by membership dues. A new building was also donated to store the archery equipment at Calvert City Gun Club.

Marshall County 4-H Sharp Shooters plan to kick off Season 2022 by mid-April. Memberships will be limited due to fewer coaches in shotgun, pistol, rifle/BB, and archery available at this time. Once details for an "all call" meeting are known, it will be announced via social media and through the schools.



For more information, contact the Marshall County Extension office at (270) 527-3285.



2021-2022 4-H Club Officers



Cloverbud

President: Georgia Timmons
Vice President: Macey Ogden-Tittle
Secretary: (aka Reporter) Emmitt Dawdy
Reporter: (Game Leader) Luke Parks

Elementary

Cowan Parks
 Trevor Goheen
 Ellie Washburn
 Noah Smith

Teen-Middle

Anna Dittman
 Larissa Holt
 Baella Morgan
 Robin Lyles



Recognizing the Signs of Bullying

Source: Isaac Hilpp, Senior Extension Specialist, 4-H Youth Development



While we have come a long way in raising bullying awareness with prevention campaigns, it unfortunately continues to occur among youth. Recognizing signs of bullying in your young person can help you become the advocate they need.

Bullying can have long-lasting and traumatic effects to victims, perpetrators and even witnesses. Victims may experience depression, anxiety, and other physical and mental health issues, that can last into adulthood. Victims can also have poor academic performance. Bullies can go down a path that leads to unhealthy relationships, abuse and criminal charges. Witnesses are at an increased risk of using tobacco, alcohol or drugs and have a greater chance of developing depression and anxiety.

Youth may be apprehensive about talking about bullying to adults for many different reasons. Young people may think they can handle the situation themselves. They do not want to be known as a tattletale, which could potentially subject them to more bullying or they may not want to tarnish their image among their peers. On the flip side, bullies may feel pressure from their peers to harass another person. They have a certain image to maintain. Bullies may come from homes with no support and/or rules for acceptable behavior.

Sometimes, the signs of bullying can be fairly obvious. If your young person comes home missing clothing, jewelry, money, or electronics, have unexplainable injuries, or if they have new items and cannot explain where they got them, bullying may have occurred. Other signs of bullying may be more subtle. Young people's eating habits may change, and they may become more withdrawn from their family and friends. They may have trouble sleeping or more frequent nightmares. Victims of bullying can also have poor academic performance, low self-esteem, and self-destructive behaviors. Bullies can display aggressive behaviors and get into trouble during school. They often do not accept responsibility for their actions and choose to blame others instead. Depending on where the bullying occurred, make the proper authorities aware of it.

2022 Piggy Bank Contest



This year's contest was one of the best ever with 7 entries. Over a 2 week period visitors at the Extension Office voted for their favorite. The 2022 winner was Evan McCuiston. His pig was sent to our District meeting where it was chosen to be sent to the Kentucky State Capitol to be displayed for the month of February.

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Congratulations to all those who entered our contest this year. All the banks were unique and it's great to see all the ideas on how to make a piggy bank. Thank you to all those that entered this year and we hope next year to have even more entries.



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- Register online at Krogercommunityrewards.com
- Be sure to have your Kroger Plus card handy and register your card with your organization after you sign up.
- If you do not yet have a Kroger Plus card, they are available at the customer service desk at any Kroger.
- Click on Sign in/Register
- Most participants are new online customers, so click on SIGN UP TODAY in the 'New Customer?' box.
- Sign up for a Kroger Rewards Account by entering zip code, clicking on favorite store, entering your email address and creating a password, agreeing to the terms and conditions
- You will then get a message to check your email inbox and click on the link within the body of the email.
- Click on My Account and use your email address and password to proceed to the next step.
- Click on Edit Kroger Community Rewards information and input your Kroger Plus card number.
- Update or confirm your information.
- Enter NPO number (4-H is 26169) or name of organization (MARSHALL COUNTY 4-H COUNCIL), select organization from list and click on confirm.
- To verify you are enrolled correctly, you will see your organization's name on the right side of your information page.
- REMEMBER, purchases will not count for your group until after your member(s) register their card(s).
- Do you use your phone number at the register? Call 800-576-4377, select option 4 to get your Kroger Plus card number.



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Next Edition of Clover Corner Coming This Spring.



The Marshall County 4-H Clover Corner is submitted by:



**Lena D. Mallory
Marshall County Extension Agent
for 4-H Youth Development**

